



TOXIC TALK

Lesson 1

The number one biohazard on the planet is _____!

Conversation that contains a poison causing serious harm or death!

The number one source of this toxic biohazard is _____!

The one muscle in your body that receives more exercise and less control than any other!

EVERYBODY HAS BEEN POISONED BY TOXIC TALK



Everybody _____ it's deadly poison.

"There is none righteous, no, not one... Their throat is an open tomb; With their tongue they have practiced deceit; The poison of asps is under their lips; Whose mouth is full of cursing and bitterness." Romans 3:10, 13-14



Everybody has been _____ to some degree by toxic talk.

"There is one who speaks rashly like the thrusts of a sword, But the tongue of the wise brings healing." Proverbs 12:18



Everybody is better at _____ toxic talk in others rather than themselves.

THE TOXICOLOGY OF TOXIC TALK

1. THE POWER OF TOXIC TALK _____ • James 3:1-12

1) The tongue has the power to _____ our entire lives! (vv. 3-4)

Illustration: The bit and the rudder have tremendous influence.

2) The tongue has the power to _____ our entire lives! (v. 5)

Illustration: A little spark can be very destructive.

3) The tongue has the power to _____ our entire lives! (v. 6)

Illustration: A fire that is ignited by hell itself.

Illustration: A world of iniquity that burns through the course of human nature.

4) The tongue has the power to _____ every human effort to control it! (vv. 7-8)

Illustration: An untamable beast that breaks every man-made restraint!

Illustration: An unruly evil, full of deadly poison that has no known cure!

5) The tongue has the power to _____ the true condition of our hearts! (vv. 9-12)

Illustration: A spring, a fig tree, and a grapevine!

REMEMBER: OUR PHYSICAL TONGUE IS NEVER THE SOURCE OF TOXIC TALK!

☠ The true source of toxic talk is our _____! *Matthew 15:10-11, 17-19; 12:33-37*

☠ Our speech is the _____ evidence of our _____ condition.

2. THE PRIORITIES OF DAILY DETOX _____ • *James 3:2*

DAILY DETOX REQUIRES THE FOLLOWING PRIORITIES:

1) **Measuring** my spiritual maturity by the ultimate _____ standard.

➤ _____: *The disciple who is never at fault in what he or she says.*

➤ _____: *The disciple who is able to keep his or her entire body under control.*

Learning to speak in several different languages is not nearly as valuable as *learning to keep your mouth shut in one!*

2) **Mastering** the critical skill of _____.

3) **Maintaining** the essential requirement: A heart _____ to the transforming power of the Lord Jesus!

Spiritual maturity is measured by a tamed tongue due to a surrendered heart!