



# The Advent of His Humility

## Lighting the Preparation Candle of Advent

Lesson 2 • Psalm of Ascents 131

### The Advent of the Son of David in the Psalms of Ascents

Psalms of Ascents	132	131	133	134	122-134
Main Theme	SOVEREIGNTY	HUMILITY	UNITY	MAJESTY	ETERNITY
Son of David	PROMISES of His Coming Kingdom	PREPARATION with His Humble Heart	PROCLAMATION by His Unity	PARTICIPATION in His Majesty	PRESENCE of Himself with His People in His Place for All Eternity

*The Advent of the Son of David in Psalms 131-134 Will Be Fulfilled as David's Greatest Son Comes to Establish His Kingdom in the City of Zion with His Faithful Subjects.*

### Humility Has Always Been Essential to the Coming of the King and His Kingdom

- David, who wrote Psalm 131, was a humble man after God's own heart.
- Mary and Joseph showed this same humility when the LORD chose them to be the parents of the greatest Son of David, the coming King, Jesus Christ!
- Jesus showed this same humility when His Father asked Him to leave the glories of heaven to come down to earth and become a "lowborn king." *Philippians 2:6-11*
- We are to show this same humility as citizens of His kingdom who enter with the humble faith of a child. *Philippians 2:3-5; Matthew 18:1-4*

### Five Characteristics of a Prepared Worshipper of the Coming King

*"One of the shortest psalms to read but one of the longest to learn." – Charles Spurgeon*

#### 1. A Prepared Heart Is a HUMBLE Heart. (1-2)

*"O LORD, my heart is not proud, nor my eyes haughty; nor do I involve myself in great matters, or things too difficult for me."*

- A humble heart **RECOGNIZES** pride when it raises its ugly head in one's own heart.

A Humble Heart Is Able to Recognize Pride...

- 1) In proud **ATTITUDES** (heart)

*"O LORD, my heart is not proud,"*

*"True humility is not thinking less of yourself; it is thinking of yourself less." – C.S. Lewis, Mere Christianity*

- 2) In presumptuous **AMBITIONS** (eyes)

*"nor my eyes haughty;"*

- 3) In pompous **ACTIONS**

*"nor do I involve myself in great matters, or things too difficult for me."*

- ▶ A humble heart **RESPONDS** to pride by...

**ROOTING OUT** proud attitudes and... **REJECTING** presumptuous ambitions and... **REPENTING** of pompous actions!

## 2. A Prepared Heart Is a **PRAYING** Heart. (1)

"O LORD..."

- ▶ A humble heart is a prayerful heart that **CONFESSES** its own pride before the LORD.
- ▶ The proud heart can be heard in the way proud people pray...*if they pray at all!*
- ▶ The humble heart can be heard in the way humble people pray...*for they pray all the time!*

## 3. A Prepared Heart Is a **TRUSTING** Heart. (2)

"Surely I have composed and quieted my soul; Like a weaned child rests against his mother, My soul is like a weaned child within me.

- ▶ A humble heart turns from oneself to trust **COMPLETELY** in the LORD for all things at all times.
- ▶ A trusting soul is like a "weaned child" **RESTING** on his or her mother!  
A picture of **SIMPLE** childlike faith.      A picture of **SATISFIED** contentment.      A picture of **SECURE** confidence.

## 4. A Prepared Heart Is a **HOPE-FILLED** Heart. (3)

"...hope in the LORD From this time forth and forever."

- ▶ A prepared heart **HOPES** in the LORD...*always and forever!*
- ▶ A prepared heart **WAITS** on the LORD...*until He comes with His kingdom!*

## 5. A Prepared Heart Is an **ENCOURAGING** Heart. (3)

"O Israel, hope in the LORD From this time forth and forever."

- ▶ A prepared heart is an **ENCOURAGING** heart: *Do as I do and worship the Lord with a prepared heart!*
- ▶ A prepared heart is an **EVANGELIZING** heart: *Be as I am and prepare for the coming of the King with a humble and hope-filled heart!!*

### Prepare Him Room in Your Heart This Christmas

*God resists the proud but gives grace to the humble!*

*Demonstrate your childlike trust in God's sovereignty with a heart of humility.*

*Be a prepared worshipper that has a humble trust in the promises of the coming Son of David and His eternal kingdom!*