

## **Listen Weekly Not Weakly!**

Lesson 9

- Listening to sermons is not a **spectator sport!**
- What is *hupakouw* and how do you do it? It is *placing* yourself under the preaching of God's Word for the *purpose* of *obeying* what you hear!
- It is "practicing" in your relationship with your heavenly Father what you "preach" to your children as a parent: "Be guick to hear, quick to obey from the heart!"
- It is hearing the Gospel of Jesus Christ and obeying it by turning from our sins to trust in the Lord Jesus Christ as our Lord and Savior in order to be forgiven of our sins and receive a *new heart* from God!
- It is *how* we should listen to the Bible being preached or taught in order to *please God* with an *obedient response!* that requires the spiritual power of the Holy Spirit and the personal discipline of us as believers who have ears to hear. Not Weakly! Discipline yourself to diligently listen week-by-week to be a stronger Christ follower. Those Who Want to Hupakouw Weekly Not Weakly: 1. Listen to God's Word Week-by-Week with . Acts 20:7: Hebrews 10:24-25 "Congregations never honor God more than by reverently listening to His Word with a full purpose of praising and obeying Him once they see what He has done and is doing, and what they are called to do." ~J. I. Packer "Reverently and responsively listening to God's Word preached is one of the highest forms of honoring and worshipping God." ~Don Whitney

"Extreme ways are back again...I would stand in line for this. There is always room in life for this." ~Moby

Listening	g Week-by-Week with	Disciplined	Consistency

- Reveals our faith in God's sovereign promise that His spoken Word will accomplish His intended purpose in our lives. Isaiah 55:11; Ephesians 5:25
- Fulfills the two great commandments by listening and learning out of for God and others and not just self. Matthew 22:37-39

© Christopher A. Regas, All Rights Reserved Page 1 of 3

2.	List	ten 1	to God's Word Week-by-Week w	ith	Acts 20:7-12		
		"It is required of those that hear the Word preached that they attend upon it with diligence, preparation and prayer; examine what they hear by the scriptures; receive the truth with faith, love, meekness, and readiness of mind, as the Word of God; meditate, and confer of it; hid it in their hearts, and bring forth the fruit of it in their lives." ~Westminster Confession Larger Catechism					
	Seve	Seven Suggestions for Listening Week-by-Week with Diligent Commitment					
➤ Diligently prepare for Sunday on							
		thir	nk, needs the most preparation, the sow wed and harrowed, well-turned over, an	told men ought not to preach without preparation. Granted. But we add, men ought not to hear without preparation, Which, do you als the most preparation, the sower or the ground? I would have the sower come with clean hands, but I would have the ground well-d harrowed, well-turned over, and the clods broken before the seed comes in. It seems to me that there is more preparation needed by the ground than by the sower, more by the hearer than by the preacher." ~C. H. Spurgeon			
		1)	Get a good night's rest just as you woo	uld for a school night or before an im	portant day at work.		
		2)	Lay out your clothes, your Bible, and y	our giving envelope the night before			
		3)	Don't leave ministry preparation or stu	dy until the night before.			
		4)	Pray for the Spirit to work thought the	night and give good rest to our pasto	ors, teachers, and ministry servants.		
		5)	Confess any sins you have overlooked	d or refused to address during the we	eek.		
		6)	Make things right with those you have	sinned against and forgive those wh	o have sinned against you.		
<ul> <li>Diligently prepare for listening on Sunday by through the spiritual skills require arriving to church.</li> </ul>				through the spiritual skills required to hupakouw before			
		#1	Father God, in the name of Jesus Chrimen.	ist your Son and my Sovereign Savid	or, I expect to hear from You this morning and not just from		
		#2	Father, I admit that You know better the and everyday, so I am all ears today a		d the one to come! You know better what I need to hear today e today through Your word and Spirit.		
		#3	Father, as we come together right now to encourage someone to apply what i		to listen not just for me but also for our church family. Help me		
		#4 Father, I thank you for the awesome privilege of hearing Your Word preached on a weekly basis! I dedicate myself afresh to diligently discipline myself to hupakouw weekly and not weakly to be a stronger Christ follower!					
	>		igently arrive 10 minutes out to be taught or preached!	to greet and enco	ourage others, get settled in, and be focused on what is		
	>	Dili	igently fight off all	and seek to not be a dis	traction to others.		
	>	Dili	igently	during the sermon	and mark your Bible.		
	>	Dili	igently write down at least one	step you wi	Il take this week to really hupakouw!		
	>	Dili oth	igently be apart of ane lers help you to apply.	whe	ere you can share what you are learning and have		
		1)	Ask what others got out of the me	ssage or lesson or Discoverv Ho	our lesson.		
		2)	How did God personally speak to	-			
		3)	What steps do you think you will h	ave to take to make changes?			

© Christopher A. Regas, All Rights Reserved Page 2 of 3

5) Spend time in prayer thanking God for the preaching of His Word, asking the Spirit to help apply what you heard, and for Christ to continue working in the hearts of everyone who heard the word that day (believers and unbelievers).

4) How can I pray for you about that?

## Spiritual Skill #5 Listen Weekly Not Weakly!

Discipline yourself to be diligent in listening week-by-week to be a stronger Christ follower.

- ➤ What gets in the way of your coming to hear God speak through the preached Word on a consistent basis? Whatever or whoever it is, is it of greater value to you than the Lord Jesus, His Bride the Church, and God's life-changing Word? What help does 1 Thessalonians 1:9-10 offer? "...you turned to God from idols to serve the living and true God, and to wait for His Son from heaven, whom He raised from the dead, even Jesus who delivers us from the wrath to come."
- ➤ Which of the seven ways to be more diligent in listening to God's Word week-by-week do you need to work on? Ask the indwelling Holy Spirit to help you work on one or two in the weeks to come.
- > Does the challenge of weekly disciplining yourself to diligently listen to God speak through the preached word seem overwhelming? How does Paul's words of encouragement offer you hope to keep on week-by-week? "Discipline yourself for the purpose of godliness; 8 for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. It is a trustworthy statement deserving full acceptance."
- > Do you think Eutychus ever fell asleep during preaching again? Why or why not?

© Christopher A. Regas, All Rights Reserved Page 3 of 3