

The Ten Commandments for Today

The Seventh Commandment • Exodus 20:14

Adultery In My Heart

An Adulterous Generation

Today we are living in one of the most adulterous generations and yet, there is nothing GOOD about adultery!

"You shall not commit adultery." Exodus 20:14

Keeping the Seventh Commandment

1. Pay Heed To God's PROHIBITION Against Adultery!

The Gift of Sex:

Sex is God's wedding GIFT to be enjoyed within the limits of a marriage covenant between one man and one woman for a lifetime.

Proverbs 5:15-19 Song of Solomon

Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh. And they were both naked, the man and his wife, and were not ashamed. Genesis 2:24-25 NKJV

The Seventh Commandment...

Protects the MARRIAGE relationship by prohibiting any sexual activity that violates the marriage covenant.

Leviticus 18:6-20, 22-23; 19:29 Deuteronomy 23:17-18

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. Hebrews 13:4 NIV

Two Reasons Why God Forbids Adultery:

- Adultery DESTROYS the bond of the marriage covenant with our spouse.
- Adultery DEFILES the picture of Christ's covenant love to His Church.

2. Pay Heed To God's PROTECTION Against Adultery!

Where Adultery Begins:

The seeds of adultery germinate in the heart with LUST.

"You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart." ~Jesus, Matthew 5:27-28 ESV

The Deadly Sin of Lust:

Most people have a higher TOLERANCE for inward sins than they do for outward sins, but our inward sins are just as FATAL.

Is there a difference between mental and physical adultery?

Jesus says the essence of lust and adultery is the same sin, but He did not say mental adultery has the same EFFECT as the act of adultery.

"If your right eye causes you to sin, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell." ~Jesus, Matthew 5:29-30 NIV

A Case Study in Affair-Proofing Your Marriage:

- Guard your HEART: make godliness your priority. *2Samuel 11:1*
- Guard your EYES: make a covenant with your eyes. *2Samuel 11:2*
- Guard your MIND: make no provision for your flesh. *2Samuel 11:3-5*

The Pathway Back to Purity

God offers GRACE to "lustful sinners" who repent of their sin, accept God's forgiveness, and seek to sin no more!

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin...Against you, you only, have I sinned and done what is evil in your sight...Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow...Create in me a pure heart, O God, and renew a steadfast spirit within me...A broken and contrite heart, O God, you will not despise. ~David, Psalm 51