

## SpiritFruit

Lesson Three • 1Peter 1:6-9

### The SpiritFruit of Joy

#### Joy VS. Happiness

Each springs from a different SOURCE: happiness is dependent on what happens to me, but joy is fruit produced by the Spirit working in my life.

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Galatians 5:22-23 ESV*

#### Bearing the SpiritFruit of Joy:

### 1. Joy Is ATTAINABLE by Knowing Christ!

*May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13 NIV*

*Where is that joyful and grateful spirit you felt then? Galatians 4:15 NLT*

#### Three Joy-Robbers:

- UNSATISFIED expectations will rob you of joy.
  
- UNRESOLVED conflict will rob you of joy.
  
- UNCONFESED sin will rob you of joy.

### 2. Joy Is POSSIBLE Despite My Circumstances!

#### Two Words Picture the Life of Christ-followers:

TRIALS and JOY

*In this you greatly rejoice...you have been grieved by various trials. 1Peter 1:6 NKJV*

*Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. James 1:2-3 NIV*

*Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance. Romans 5:3 ESV*

#### Joy Is Possible Despite My Circumstances When I Know:

- God REFINES me with various trials.

*In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed. 1Peter 1:6-7 NIV*

- God REPLENISHES me with inexpressible joy.

*Though you have not seen Him, you love Him; and even though you do not see Him now, you believe in Him and are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls. 1Peter 1:8-9 NIV*

#### How should we view life as a Christ-follower?

Life as a Christ-follower is not JOY, then trials and it is not TRIALS, then joy.

It is always joy AND trials, at the same time, working together, mixed together, so that it's possible to experience joy in spite of our trials.

#### Are You Experiencing the SpiritFruit of Joy?

If the Spirit is in your heart, there's a reservoir of joy in you, and as we walk with the Spirit, this reservoir is released and joy floats to the top.