

# TRIUMPHANT

## *Running the Race Set Before Us*

*Lesson Three • Hebrews 12:1-3*

## Run with Endurance

### As Followers of Jesus Christ...

Our calling is to run with ENDURANCE the race set before us!

*Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls. Hebrews 12:1-3 NKJV*

### How to Run with Endurance

## 1. Stay On COURSE!

*"let us run with endurance the race that is set before us"*

#### **What Is the Race "Marked Out" for Us?**

- It is God's UNIVERSAL race marked out for everyone.
  
- It is God's UNIQUE race marked out just for you.

## 2. Focus On JESUS!

*"let us run with endurance the race that is set before us, looking unto Jesus"*

#### **Why Focus On Jesus?**

- Jesus is our SOURCE of endurance: He is the founder and finisher of our faith.  
*Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6 NIV*
  
- Jesus is our EXAMPLE of faith: He endured the cross and despised the shame.  
*To this you were called, because Christ suffered for you, leaving you an example, that you should follow in His steps. 1Peter 2:21 NIV*
  
- Jesus is our HOPE of reward: He has sat down at the right hand of the Father.  
*Therefore do not throw away your confidence, which has a great reward. For you have need of endurance, so that when you have done the will of God you may receive what is promised. Hebrews 10:35-36 ESV*

### A Cure for Weary Hearts

When you grow weary and lose heart in the race, CONSIDER Jesus who for the joy endured for you.

*Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart. Hebrews 12:3 NIV*  
*Looking unto Jesus...who for the joy that was set before Him endured the cross. Hebrews 12:2 NKJV*