

UPSIDE DOWN: The Beatitudes

Lesson Three • Matthew 5:4

The Comfort of Mourning

The Saga of Sorrows

Ever since sin entered the world MOURNING is a universal reality of life.

The Second Beatitude

“Blessed are those who mourn, for they shall be comforted.”
Matthew 5:4

The Comfort of Mourning

1. The Blessed: Those Who MOURN!

What Kind of Mourning Is Jesus Talking About?

Jesus is talking about a deep heartfelt grief over SIN.

For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. 2Corinthians 7:10

Mourning Over Sin:

- Mourn your OWN sin.

*“My guilt has overwhelmed me like a burden too heavy to bear.” Psalm 38:4
“For I will declare my iniquity; I will be in anguish over my sin.” Psalm 38:18*

*“Woe is me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts.”
Isaiah 6:5*

“O Wretched man that I am! Who will deliver me from this body of death?” Romans 7:24

- Mourn the sins of the WORLD.

*“Oh, that my head were a spring of water and my eyes a fountain of tears!
I would weep day and night for the slain of my people.” Jeremiah 9:1*

Now as He drew near, He saw the city and wept over it. Luke 19:41

What Is the Opposite of Mourning Over Sin?

The opposite of mourning over sin is LAUGHING at sin.

“Woe to you who laugh now, for you shall mourn and weep.” Luke 6:25

*Lament and mourn and weep! Let your laughter be turned to mourning and your joy to gloom.
James 4:9*

2. The Blessing: They Shall Be COMFORTED!

God’s Blessing to Mourning Over Sin:

- You will be comforted by God’s FORGIVENESS.

*Blessed is the one whose transgression is forgiven, whose sin is covered. Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit.
Psalm 32:1-2*

- You will be comforted by God’s SPIRIT.

“And I will ask the Father, and He will give you another Helper, to be with you forever—the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him. You know Him, for He dwells with you and will be in you.” John 14:16-17

- You will be comforted by God’s PROMISE.

*“God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.”
Revelation 21:4*

What Kind of Mourner Are You?

Are you a blessed mourner who knows the comfort of heaven?

OR

Are you a miserable mourner who only knows the sorrows of earth?