

## UPSIDE DOWN: The Beatitudes

Lesson Four • Matthew 5:5

### The Strength of Meekness

#### Finish The Sentence

The world belongs to those who are . . .

#### The Third Beatitude

“Blessed are the meek, for they shall inherit the earth.”  
Matthew 5:5

#### The Strength of Meekness

### 1. What Is the Meaning of Meekness?

#### Meekness Defined

Meekness is not weakness; it is SELF-CONTROL based on God’s control.

#### Meekness Illustrated

MOSES and JESUS are the best examples of meekness in the Bible.

*Miriam and Aaron spoke against Moses because of the Cushite woman whom he had married, for he had married a Cushite woman. And they said, “Has the LORD indeed spoken only through Moses? Has he not spoken through us also?” And the LORD heard it. Now the man Moses was very meek, more than all people who were on the face of the earth. And suddenly the LORD said to Moses and to Aaron and Miriam, “Come out, you three, to the tent of meeting.” And the three of them came out. Numbers 12:1-4 ESV*

*“Take My yoke upon you, and learn of Me; for I am meek and lowly in heart...”  
Matthew 11:29 KJV*

*“See your King comes to you, gentle and riding on a donkey, a colt, the foal of a donkey.”  
Matthew 21:5 NIV*

#### Meekness Applied

- Meekness is the RELATIONAL counterpart to poverty of spirit and mourning over sin that expresses itself in response to other people.
- Meekness is the strength to refrain from DEFENSIVENESS with other people.
- Meekness is the strength to stand up with BOLDNESS to the wrongdoing of other people.

### 2. What Is the Blessing for Meekness?

#### The Blessing

The meek shall INHERIT the earth.

*But the meek shall inherit the earth, and shall delight themselves in the abundance of peace.  
Psalm 37:11 NKJV*

*Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and there was no longer any sea. I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. And I heard a loud voice from the throne saying, “Look! God’s dwelling place is now among the people, and He will dwell with them. They will be His people, and God Himself will be with them and be their God.” Revelation 21:1-3 NIV*

#### Future Inheritance Brings Present Freedom

Freedom to REST in the Lord instead of FRET over the wicked.

*Rest in the Lord, and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who brings wicked schemes to pass. Cease from anger, and forsake wrath; do not fret—it only causes harm. For evildoers shall be cut off; but those who wait on the Lord, they shall inherit the earth. For yet a little while and the wicked shall be no more; indeed, you will look diligently for his place, but it shall be no more. But the meek shall inherit the earth, and shall delight themselves in the abundance of peace. Psalm 37:7-11 NKJV*

#### Do You Have “The Right Stuff”?

MEEKNESS is “the right stuff” that sets us apart in this world and is blessed by God.