



July 11, 2021
Worship Service
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WeAreLifeBridge.com

PHILIPPIANS: Joy in the Journey

Lesson Twenty-Five • Philippians 4:6-7

God's Answer to Anxiety

A Universal Problem

As believers in Christ we are still prone to ANXIOUS HEARTS while living in this fallen world.

*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
Philippians 4:6-7*

God's Answer to Anxiety

1. Don't WORRY about Anything!

Don't Be Anxious!

Accept God's COMMAND that you shouldn't have a heart filled with anxiety.

Jesus' Teaching on Worry

- Worry indicates a lack of trust in God's kingdom PRIORITY for my life (*Matthew 6:25*).
- Worry indicates a lack of trust in God's sovereign PROVIDENCE over my life (*Matthew 6:26-30*).
- Worry indicates a lack of trust in God's fatherly PROVISION in my life (*Matthew 6:31-33*).

2. PRAY about Everything!

Three Words for Talking with God

- PRAYER: a general term for talking with God.
- SUPPLICATION: an urgent petition to meet a need.
- REQUESTS: the naming of any specific need.

Pray with Thanksgiving!

With a thankful heart, cast all your CARES on the God who CARES for you. Take your specific cares and turn them into specific prayers.

Casting all your anxiety on Him [God], because He cares for you. 1Peter 5:7

*Cast your burden on the LORD, and He will sustain you;
He will never permit the righteous to be moved. Psalm 55:22*

3. REST in the Peace of God!

A Divine Promise

"The PEACE of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus."
Philippians 4:7

*You [God] will keep in perfect peace those whose minds are steadfast,
because they trust in You. Isaiah 26:3*

The Peace of God

- God's peace is a SURPASSING peace.
- God's peace is a GUARDING peace.