



July 18, 2021  
Worship Service  
Pastor Bruce Adrian  
WeAreLifeBridge.com

## PHILIPPIANS: Joy in the Journey

Lesson Twenty-Six • Philippians 4:8-9  
**Godly Thinking, Godly Living**

### What We Think Matters!

What we **THINK** we **DO**; what we ponder we practice;  
what we think today we become tomorrow.  
Therefore, godly thinking determines godly living.

*Keep your heart with all vigilance, for from it flow the springs of life. Proverbs 4:23*

*"What comes out of a person is what defiles him. For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. All these evil things come from within, and they defile a person." Mark 7:20-23*

*Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.  
Philippians 4:8-9*

### Godly Thinking, Godly Living

## 1. **PONDER** "These Things" Carefully!

### "These Things" to Think About

- Think about whatever is TRUE.
  
- Think about whatever is HONORABLE.
  
- Think about whatever is JUST.
  
- Think about whatever is PURE.

- Think about whatever is LOVELY.
  
- Think about whatever is COMMENDABLE.
  
- Think about whatever is EXCELLENT and worthy of praise.

## 2. **PRACTICE** "These Things" Faithfully!

### "These Things" to Practice

- Apply godly INSTRUCTION.
  
- Imitate godly EXAMPLES.

### The Promise of "These Things"

Ponder "these things" and practice "these things" and we will enjoy the PRESENCE of God and the PEACE He brings.

### Three Ways to Start Pondering and Practicing "These Things"

- 1) EVALUATE the content you take in.
  
- 2) PUNCTUATE your day with Scripture.
  
- 3) IMITATE godly role models.