



Pastor-Teacher | Chris Regas | 5.22.2022

Esau: Living to Feed the Flesh

Hope for the Humble and Warnings for the Proud • Genesis 25:19-34

Obadiah is the only prophecy that is entirely addressed to one of Israel's enemies: **EDOM!**

Edom's Forefather of the Flesh

Physically the forefather of Edom is **ESAU** and the forefather of Israel is **JACOB**.

Esau: Genesis 25:21-23, 30; 36:8-9, 43 **Jacob:** Genesis 32:27-28

Spiritually Esau is the forefather of those who live in **FLESH** and Jacob is the forefather of those who live in the **SPIRIT**.

Esau: Hebrews 12:16-17 **Jacob:** Galatians 3:5-9; Romans 4:13-16

Edom's Family Tree Is Rooted in Fleshly Living

- The **BATTLE** of the Bulge! Genesis 25:19-23

"For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please." Galatians 5:17

- The **BIRTH** of the Boys! Genesis 25:24-26

1. Esau's birth focuses on *his appearance*.

"reddish brown"

"hairy"

2. Jacob's birth focuses on *his activity*.

"Heel Grabber" Over-reacher, Deceiver, Defrauder, Supplanter. Genesis 27:36; Hosea 12:3

- The **BARGAIN** for the Birthright! Genesis 25:27-34

Living to Feed the Flesh

1. Live a Lifestyle that **APPEALS** to the Flesh! Genesis 25:27-28

- The fleshly lifestyle is **FREE** of restraint and **FULL** of exciting experiences! (25:27)

1. Esau was a **man of the world** – "a man's man"!

2. Jacob's lifestyle was **complete/secure and stable** – more of "a momma's boy"!

Esau's Lifestyle

Insecure
Unfulfilled
Incomplete
Unstable
Short-range
Pleasure-driven
Selfish priorities

Jacob's Lifestyle

Secure
Fulfilled
Complete
Stable
Long-range
Purpose-driven
Spiritual priorities

According to Hebrews 12:16-17 Esau's Lifestyle Was...

1. **IMMORAL**: No sexual boundaries or commitments.
2. **GODLESS**: No spiritual boundaries or commitments.

- The fleshly lifestyle **FEEDS** the flesh in all of us. (25:28)

2. Live for INSTANT Gratification of Fleshly Appetites. Genesis 25:29-33

- The fleshly person is the **VICTIM** of his or her physical appetites. (25:29-30)



- The fleshly person **EXCHANGES** things of spiritual value for the instant gratification. (25:31-33)



3. Live in a Way that DESPISES Godly Blessings. Genesis 25:34

- Despising: *Placing a higher value worldly pleasures than God's **BLESSINGS**.*

Stages of Despising Your Spiritual Birthright

- Stage 1** Treat it as **worthless**. (v. 32)
Stage 2 Hold it in **contempt**. (vv. 33-34; Numbers 15:29-31)
Stage 3 Desire it without true **repentance**. (Genesis 27:33-41; Hebrews 12:17)
Stage 4 Become a root of **bitterness**. (Hebrews 12:15-17)
Stage 5 Leave a legacy of **fleshly living**; *Esau is Edom!* (v. 30; 36:8-9, 43; Obadiah 1)
Stage 6 Be **despised** by God for despising His gracious promises of salvation. (Romans 9:10-16; Malachi 1:2-5; Obadiah 2)

*Living to feed the flesh **FORFEITS** the blessings of God.*

YOUR SPIRITUAL BIRTHRIGHT in CHRIST	The TRADE-OFF	YOUR "BOWL of BEANS"
Jesus Is Our "Sinless Sacrifice," So We Don't Have to Live Like "Esau"! Isaiah 53:3-12		

"Now those who belong to Christ Jesus have crucified the flesh with its passions and desires." Galatians 5:24

"I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me." Galatians 2:20

"But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please." Galatians 5:16-17