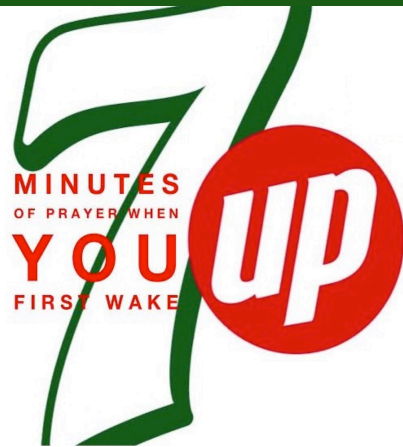


TAKE the 7-Up PRAYER CHALLENGE: As soon as you WAKE UP,
PRAY for 7 minutes BEFORE you START your day!

7-Up P.R.A.Y.E.R.S. KickStarter

- P** **Praise** the Father for a new day to learn more about **WHO** He is & **WHAT** He's doing in & thru you for His glory & the good of others.
- R** **Reckon** yourself to be dead to sin and alive to God in Christ Jesus today and be ready to **Repent** of any and all sin throughout the day.
- A** **Ask** that you and others will see God at work today in all things.
- Y** **Yield** yourself, your bodily members, your time, etc. to doing His will not your own.
- E** **Expect** to share Christ & His gospel with the lost and words of **Encouragement** with those who know Christ.
- R** **Rejoice & Rest** in His goodness and grace no matter what happens.
- S** **Strive** to put feet to your prayers today!



Here is another way to structure your 7 minutes of prayer...

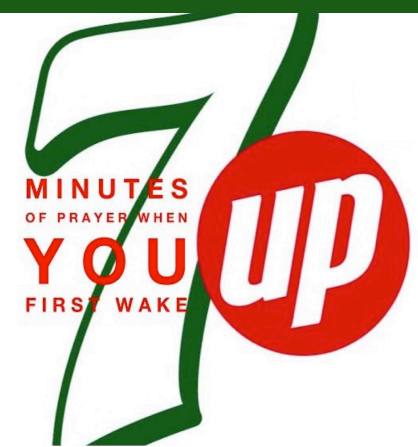
7-Up LORD'S PRAYER KickStarter Matthew 6:9-13

1. **PRIVILEGE** – You are our Father in heaven!
2. **PURITY** – May Your Name (character & conduct) be seen as holy, and may my name (character & conduct) be holy today as well!
3. **PURPOSE** – May Your kingdom come soon, so Your will is done on earth as it is in heaven! In meantime, may Your will be done in my heart and life today! May Your will come to rule in more hearts.
4. **PROVISION** – Give me this day my daily bread in your Word and meet my needs today as You align my wants to Your perfect will.
5. **PARDON** – Forgive me just as I also forgive others and seek to share with them the Good News of forgiveness in Christ Jesus.
6. **PROTECTION** – And lead me not into temptation, but deliver me from the Evil One and his deceitful, destructive, deadly schemes.
7. **PRAISE** – Yours is the kingdom, the power, and the glory today and forever! Amen! This is true, so let it be for Your glory!

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