



July 28, 2019
Pastor Bruce Adrian

Summer in the Psalms

Lesson Three • Psalm 6

A Prayer of Painful Anguish

Psalm 6: A Prayer of Painful Anguish

In those moments of painful anguish over sin and suffering, there's HOPE of deliverance when we turn to the Lord.

My soul is in deep anguish. How long, LORD, how long? Psalm 6:3 NIV

Hope in the Midst of Anguish

1. In God's Discipline, Cry for God's MERCY!

O LORD, rebuke me not in Your anger, nor discipline me in Your wrath. Be gracious to me, O LORD, for I am languishing; heal me, O LORD, for my bones are troubled. My soul also is greatly troubled. But You, O LORD—how long? Psalm 6:1-3

David's Honesty

- David is honest about his SIN.
- David is honest about his NEED.

2. In Your Distress, Plea for God's LOVE!

Turn, O Lord, deliver my life; save me for the sake of Your steadfast love. For in death there is no remembrance of You; in Sheol who will give You praise? I am weary with my moaning; every night I flood my bed with tears; I drench my couch with my weeping. My eye wastes away because of grief; it grows weak because of all my foes. Psalm 6:4-7

David's Argument

- David pleads on the basis of the "GOD I HAVE."

- David pleads on the basis of the "PRAISE I GIVE."
- David pleads on the basis of the "MISERY I KNOW."

3. In Hope of Deliverance, Rest in God's FAVOR!

Depart from me, all you workers of evil, for the LORD has heard the sound of my weeping. The LORD has heard my plea; the LORD accepts my prayer. All my enemies shall be ashamed and greatly troubled; they shall turn back and be put to shame in a moment. Psalm 6:8-10

David's Sudden Confidence

Although David's circumstances have not changed, knowing that the Lord has heard his prayer changes everything, and this CONFIDENCE brings a sense of relief and hope to his anguished soul.

The Painful Anguish of Our Savior

Jesus used this psalm to describe His path to the CROSS.

"Now is My soul troubled. And what shall I say? 'Father, save Me from this hour?' But for this purpose I have come to this hour." John 12:27

In the days of His flesh, Jesus offered up prayers and supplications, with loud cries and tears, to Him who was able to save Him from death, and He was heard because of His reverence. Hebrews 5:7

Surely He took up our pain and bore our suffering, yet we considered Him punished by God, stricken by Him, and afflicted. But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was on Him, and by His wounds we are healed. We all, like sheep, have gone astray, each of us has turned to our own way; and the LORD has laid on Him the iniquity of us all. Isaiah 53:4-6

COMMUNION

Remembering Jesus' Suffering and Sacrifice on the Cross

Followers of Jesus Christ (those who trust Christ for salvation and identify with Christ in baptism and commit to Christ's body in membership of a local church of like faith) are invited to participate in Communion located at the four tables in the auditorium. You may take the bread and cup back to your seat to eat and drink. The bread and juice represent the body and blood of Jesus when He died on the Cross and reminds us who our Lord is, what He has done for us, is doing for us, and will yet do for us when He returns. Come, Lord Jesus, come!