



May 19, 2019
Pastor Bruce Adrian

Sermon on the Mount

Lesson Fifteen • Matthew 6:25-34

Strangled by Worry

Seek First the Kingdom of God

Seeking the kingdom of God means TRUSTING God
as your Heavenly Father with your life.

"But seek first the kingdom of God and His righteousness, and all these things will be added to you." Matthew 6:33

Are You Strangled by Worry?

At the root of anxiety or worry is a heart of "LITTLE FAITH"—it's the inevitable result of not fully trusting God as your Heavenly Father with your life.

"But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?" Matthew 6:30

What Worry Indicates

1. Worry Indicates a Lack of Trust in God's Kingdom PRIORITY for My Life.

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?" Matthew 6:25

2. Worry Indicates a Lack of Trust in God's Sovereign PROVIDENCE over My Life.

"Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? . . . And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?" Mat. 6:26, 28-30

Consider Creation and Then You

- Look at the BIRDS of the air: Your Heavenly Father feeds them. Are you not of more value than they?
- Look at the FLOWERS of the field: God clothes the grass of the field. Will He not much more clothe you?

The Futility of Anxiety

Worry doesn't CHANGE a thing.

"And which of you by being anxious can add a single hour to his span of life?" Matthew 6:27

3. Worry Indicates a Lack of Trust in God's Fatherly PROVISION in My Life.

"Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and His righteousness, and all these things will be added to you." Matthew 6:31-33

Remember Your Heavenly Father

- Your Heavenly Father already KNOWS what you truly need in life.
- Your Heavenly Father will PROVIDE what you truly need in life.

Exchange Worry for Peace

Jesus is inviting us to exchange anxiety about WHAT we don't know (future) for peace in WHO we do know (Heavenly Father).

"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble." Matthew 6:34

COMMUNION

Remembering Jesus' Death and Resurrection

Followers of Jesus Christ (those who trust Christ for salvation and identify with Christ in baptism and commit to Christ's body in membership of a local church of like faith) are invited to participate in Communion located at the four tables in the auditorium. You may take the bread and cup back to your seat to eat and drink. The bread and juice represent the body and blood of Jesus when He died on the Cross and reminds us who our Lord is, what He has done for us, is doing for us, and will yet do for us when He returns. Come, Lord Jesus, come!