



February 18 2018
Pastor Bruce Adrian

REDEEMED

God's Design for Sex, Marriage, and Singleness

Lesson Two • 1Corinthians 7:1-9

The Splendid Gift of Sex

Two Extreme Views of Sex

- Hedonistic view: "INDULGE in sex with anyone you want."

"All things are lawful for me." 1Corinthians 6:12

"Foods for the stomach and the stomach for foods." 1Corinthians 6:13

- Abstinence view: "AVOID sex with anyone, even your spouse."

Now concerning the things of which you wrote to me: It is good for a man not to touch a woman [or have sexual relations with a woman]. 1Corinthians 7:1

God's Splendid View of Sex

Sex is God's GIFT to married couples (in a monogamous, heterosexual marriage) to enjoy on a regular basis, therefore satisfy and protect your spouse.

The Splendid Gift of Sex

1. Sex in Marriage Is a DEFENSE Against Sexual Sin!

Nevertheless, because of sexual immorality, let each man have his own wife, and let each woman have her own husband. 1Corinthians 7:2

Sex in Marriage as a Defense

Sex in marriage is a dam against the flood of sexual immorality because it offers God's way to SATISFY sexual desire.

But I say to the unmarried and to the widows: It is good for them if they remain even as I am; but if they cannot exercise self-control, let them marry. For it is better to marry than to burn with passion. 1Corinthians 7:8-9

2. Sex in Marriage Is a DEBT You Owe Your Spouse!

Let the husband render to his wife the affection due her, and likewise also the wife to her husband. The wife does not have authority over her own body, but the husband does. And likewise the husband does not have authority over his own body, but the wife does. 1Corinthians 7:3-4

Sex in Marriage as a Debt

- God's view of sex in marriage is RADICAL.
- God's view of sex in marriage is MUTUAL.

The Debt

Husbands and wives, PAY your debt of sexual intimacy gladly, spiritually, frequently, and passionately.

Let the husband render to his wife the affection due her, and likewise also the wife to her husband. 1Corinthians 7:3

The Exception

Married couples may REFRAIN from sex for an agreed upon limited period of time to devote themselves to a spiritual focus through prayer.

Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer... But I say this as a concession, not as a commandment. 1Corinthians 7:5

The Danger

If you DEPRIVE each other of sex you open yourself up to Satan's attacks to abuse your God-given sexual desire through sexual sin.

...and come together again so that Satan does not tempt you because of your lack of self-control. 1Corinthians 7:5

To the Single and Married...

I wish that all of you were as I am. But each of you has your own gift from God; one has this gift, another has that. 1Corinthians 7:7 NIV

- ❑ Explore God's grace in your life through prayer and counsel.
- ❑ Express thanksgiving to God for the gift that He's given you.